

EAT WELL



EAT FREE



FEEL GREAT

#eatwellk12

October 2020 Lunch Menu

Sept 28	Sept 29	Sept 30	Oct 1	Oct 2
(V) ACE Nacho Pack Baby Carrots 100% Fruit Juice Milk	Popcorn Chicken Salad Banana Milk	(V) Cheese Sandwich Celery Sticks & Ranch Applesauce Milk	(V) Strawberry Bagel Bites & Cheese Stick Baby Carrots 100% Fruit Juice Milk	Turkey Ham & Cheese Sandwich Salad Mix Mixed Fruit Cup Milk
(V) Make-Your-Own Pizza Bagel Salad Mix 100% Fruit Juice Milk	(V) Muffin, Yogurt & Cheese Stick Celery Sticks Blueberries Milk	(V) Confetti Pancakes & Cheese Stick Baby Carrots 100% Fruit Juice Milk	(V) Sun Butter & Jelly Sandwich Cucumber Slices Banana Milk	(V) Apple Strawberry Smoothie Celery Sticks WG Goldfish Milk
(V) Make-Your-Own Pizza Bagel Cucumber Slices 100% Fruit Juice Milk	(V) WG Pretzel Rods & Cheese Dip Baby Carrots Blueberries Milk	(V) Yogurt & Fruit Salad WG Goldfish Banana Milk	(V) ACE Nacho Pack Black Beans Applesauce Milk	(V) Strawberry Bagel Bites & Cheese Stick Baby Carrots Mixed Fruit Cup Milk
(V) Maple Burstin' Pancakes & Cheese Stick Baby Carrots Craisins Milk	(V) Muffin, Yogurt & Cheese Stick Broccoli Applesauce Milk	(V) Sun Butter & Jelly Sandwich Celery Sticks 100% Fruit Juice Milk	Chicken Ranch Wrap Black Beans Diced Pears Milk	(V) Make-Your-Own Pizza Bagel Celery Sticks Apple Milk
(V) ACE Nacho Pack Black Beans Craisins Milk	(V) WG Pretzel Rods & Cheese Dip Celery Sticks Blueberries Milk	Popcorn Chicken Salad Banana Milk	(V) Strawberry Bagel Bites & Cheese Stick Carrot Sticks Diced Pears Milk	Turkey Ham & Cheese Sandwich Salad Mix 100% Fruit Juice Milk



(V) = Vegetarian Meal

No Charge For Breakfast & Lunch Everyday!

All menu items are subject to change, based upon product availability.